

# MountainSide Aesthetic Menu

Pamper yourself at your room

After a long day on the mountain there is nothing better than a relaxing massage to ease away those aches and pains.

The therapist will come to your room so you will relax and rejuvenate yourself.

We will happily book these massages in advance, please call reception for reservation.

## Aroma Therapy Treatment

We will heal your legs, back and arms with our special aroma oil, Lymph treatment applies.

45 minute 6500 yen

60 minute 8500 yen

90 minute 12500yen

## Acupressure

This is popular acupressure massage to refresh your body, Shiatsu and stretching applies.

45 minute 5500 yen

60 minute 7500 yen

90 minute 11500yen

## Reflexology

Stimulation of a pressure the points at the sole and the aroma massage below the knee.

45 minute 5500 yen

60 minute 7800 yen

## Facial Massage

SOTHYS is the standards of professional beauty care for more than 70 years in France.

A powerful restructuring treatment to address your anti-aging concerns including fine lines, wrinkles and loss of skin tone.

45 minute 7200 yen

60 minute 9500 yen

90 minute 13700yen

## Combination course

★Aroma Therapy Treatment + Facial Massage

90 minute 13700 yen

120 minute 17600yen

★Acupressure + Reflexology

90 minute 11700 yen

120 minute 15600yen